

Facing Your “Whatever”
Philippians 1

The difference between “joy” and “happiness:”

Happiness depends on external circumstances.

Joy depends on internal peace.

Paul’s secret to joy:
Stop asking “why.”

Start asking “what.”

Focus on what really matters.

Declaration: “Whatever” happens to me, I will not let it steal my joy. I will stop asking _____ I will start asking _____ and I will focus on what _____
_____.